



DEPARTMENT OF THE NAVY

COMMANDER  
NAVY REGION, MID-ATLANTIC  
6506 HAMPTON BLVD.  
NORFOLK, VA 23508-1273

IN REPLY REFER TO:

COMNAVREG MIDLANT  
INST 5750.3 CH-1  
N10

20 SEP 1999

COMNAVREG MIDLANT INSTRUCTION 5750.3 CHANGE TRANSMITTAL 1

Subj: COMMAND HISTORY

1. Purpose. To publish Change 1 to the basic instruction.
2. Action. Replace enclosures (1) and (2) with new enclosures (1) and (2).

  
W. L. DILLINGER  
Chief of Staff

Distribution: Same as basic instruction

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**FAMILY ADVOCACY PROGRAM DEPARTMENT (FAP, N01F-N01G)  
1998 NARRATIVE**

The Family Advocacy Program (FAP) is a line-managed, multi-disciplinary program that addresses the prevention, identification, reporting, intervention, evaluation, rehabilitation, behavioral education, counseling, and follow-up of child and spouse abuse. The FAP in this region serves the largest Navy concentration area in the world. During 1998, there were 2,200 child and spouse abuse incidents reported to FAP. Each one of these reports received intake services, a safety screening/risk assessment, case management, Case Review Committee (CRC) consideration, and counseling/support services (directly or via referral). In addition, the FAP provided an array of specialized services, including New Parent Support (NPS) services, Child Counseling services, Psychological/Psychosexual Evaluations, Victim Services, and educational services. The FAP operated a central office in Norfolk and four branch offices throughout the area to ensure ready access and responsiveness to service members, family members, and commands.

During 1998, the FAP participated in the regionalization process designed to improve organizational efficiency and effectiveness. The FAP Regional Coordinator/Director served as the Regional Implementation Team Coordinator for the FAP/Family Service Center (FSC) Functional Team which met over a seven month period to address regionalization planning and issues. FAP management personnel participated on the FAP/FSC Functional Team to examine all facets of program operation and to develop an optimal organizational structure. As a result of regionalization, the FAP Regional Coordinator (N01F) and the Family Advocacy Department (N01G) were consolidated into a single organizational unit and transferred from Commander, Naval Base, Norfolk to the Support Services Program Manager.

The FAP NPS program also underwent significant changes. This program was established in 1990 as the major child abuse prevention initiative. It is a voluntary program of individualized education, support, and referral for military expectant and new parents. At the onset of 1998, the NPS program offered screenings, assessments, home visitation, educational programs, and referrals. On 31 January 1998, there was a 50% reduction in staffing due to Department of Defense (DOD) funding cuts. As a result, the NPS reorganized, retrained, restructured, and relocated. A new process was developed involving intensive collaboration with civilian and military programs to provide the continuum of needed parenting support services. Civilian programs in accordance with an agreement now provide the home visitation component with the Navy. This procedure has become a model for NPS programs Navy-wide.

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Major FAP initiatives and accomplishments during 1998 are summarized below. It is notable that these occurred despite a six month long hiring freeze which reduced manning levels by 20%.

a. Served as the principal test site for piloting the Navy FAP Automated Case Management System. Upon completion, this system will be implemented Navy-wide and will be used on every FAP case from intake through closure. The system is designed to enhance efficiency and consistency Navy-wide.

b. Served as a primary site for two major Navy Personnel Command (NAVPERSCOM) sponsored research projects, "The Navy Family Study" and the "New Parent Support Retrospective Research Project." The "Navy Family Study" research includes retrospective and prospective children sexual abuse studies and prospective child and spouse abuse studies. The research is expected to yield crucial data to guide overall program development as well as clinical interventions in specific cases. The "New Parent Support Retrospective Research Project" addressed outcome of NPS cases to assess effectiveness of early preventive interventions.

c. Initiated an area wide FAP/ FSC computer connectivity project to link all FAP and FSC sites. This project will dramatically enhance efficiency of program operations and the capacity to quickly respond to clients and commands.

d. Expanded operations of the Domestic Violence Unit (DVU), a joint Naval Criminal Investigative Service (NCIS)/Security Department unit which provides investigation and tracking of domestic violence cases occurring in Housing areas as well as training, consultation, and liaison with military and civilian law enforcement personnel throughout the region. The DVU now serves as a model for other regions Navy-wide that are developing similar units. FAP personnel served on the DVU Steering Committee and participated as key players in the many DVU trainings for law enforcement personnel.

e. Established the FAP as a field practicum site for graduate level social work students from Norfolk State University. Six students are participating. This project will not only improve services to FAP clients but also represents a major community collaboration effort.

f. The FAP Regional Coordinator/Director served as the chair of the Regional Child Sexual Abuse Response Team and the DVU Steering Committee. The FAP Regional Coordinator/Director also continued to serve as the primary consultant to the installation Family Advocacy Committees and as a member of the FAP Regional Coordinating Committee.

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g. The FAP Regional Coordinator/Director served as the Regional FSC Action Officer throughout 1998. In this capacity, the FAP Regional Coordinator/Director served as the Co-chairperson of the Regional Sexual Assault Victim Intervention (SAVI) Coordinating Committee and drafted the Regional SAVI instruction, in conjunction with the FSC SAVI Coordinator. The instruction was signed on 28 December 1998.

h. The FAP Clinical Director made major professional presentations at the NAVPERSCOM Training for FAP CRC Chairpersons, the CO/XO Spouse's Conference, and the Navy Surgeon General's Conference.

i. The FAP Clinical Director served as the Principal Investigator and a FAP Supervisory Social Worker served as Co-Principal Investigator for a major research project, "Identification of Abuse and Health Consequences for Military and Civilian Women," under the auspices of Johns Hopkins Medical Center.

j. A wide variety of innovative regional training programs were developed and presented by FAP personnel, including completely revamping the Regional Command Leadership Training (to consolidate the FAP Orientation Training and FAP Advanced Training for FAP Points of Contact) and conducting professional training for FAP staff, FSC staff and CRC members. FAP personnel also sponsored professional trainings by medical and clinical professionals. The FAP collaborated with the FSCs and civilian agencies to plan and conduct a major Fatherhood Conference to strengthen the role of military fathers.

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FAMILY ADVOCACY PROGRAM DEPARTMENT (FAP, N01F-N01G)  
1998 CHRONOLOGY

JANUARY

25 January. **FAP Training for Case Review Committee (CRC) Chairs.** The FAP Clinical Director provided training at the Navy Personnel Command (NAVPERSCOM) Navy-wide training for CRC Chairs in San Diego.

26-27 January. **LIFELINES Initiative.** FAP Regional Coordinator participated in planning sessions for development and implementation of the Department of Defense (DOD) LIFELINES initiative. The LIFELINES Initiative is a program devised to allow family and service members access to quality of life information on the Internet.

FEBRUARY

24 February. **Regional FAP Orientation Training for Command Leadership Personnel.** Conducted, in collaboration with the Family Service Center (FSCs), a major training for command leadership personnel throughout the region.

MARCH

3 March. **Regional Advanced FAP Training for Command FAP Points of Contact (POCs).** Conducted, in collaboration with the FSCs, a major advanced training for command FAP POCs throughout the region.

15 March. **Implementation of Respite Child Care Program.** In collaboration with Regional Resources Services Office and Morale, Welfare and Recreation Family Child Care Program, completed planning, development and initiation of the Respite Child Care Program utilizing funding received from Lyman Foundation Grant.

27 March. **Regional Proposal for Reorganization of New Parent Support (NPS) Program.** Completed planning, development, presentation, and acceptance of proposal to reorganize the NPS program. Developed and piloted self-screening tool and process and educational packet for all expectant and new military parents accessing obstetrical care at every military medical facility in the region. Assisted over 300 Navy families previously contacted and followed by other NPS Teams.

23 March. **FAP Briefing for Commander Naval Air Forces Atlantic Fleet (AIRLANT) Prospective Commanding Officers/Executive Officers (PCO/PXOs).** Conducted a FAP briefing for AIRLANT PCO/PXOs.

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## APRIL

27-28 April. **NAVPERSCOM FAP Program Standards Working Group.** The Regional Coordinator served as a member of the Working Group to develop Navy-wide FAP Standards.

27-28 April. **Site Visit by NAVPERSCOM NPS Program Manager.** Visited all (NPS) sites in region and met with Officers In Charge at each site and with the Executive Officer at Naval Medical Center (NAVMEDCEN) Portsmouth. Met with FAP Department Head and Assistant Department Head. Presented and participated in collaborative community resources meeting "Working Together: Promoting Healthy Military Families."

28 April. **Co-sponsored, with Navy Marine Corps Relief Society (NMCRS), "Working Together: Promoting Healthy Military Families."** In honor of the Month of the Military Child, NPS and NMCRS Visiting Nurses co-sponsored a meeting that brought together over 35 different local civilian and military community organizations that focused on parenting education and support. This included NPS and NMCRS Visiting Nurse Navy-wide Program Managers, state and local Healthy Families Program Managers, Army and Air Force representatives, and local FAP and NMCRS Directors. The meeting identified resources and ways to access resources in the military and civilian communities to enhance and expand services for military families. Resulted in an expanded referral base for use by both military and providers to support military families. NPS supervisor to serve on local Healthy Families program committees.

## MAY

12 May. **Regional FAP Training for Command Leadership Personnel.** Conducted, in collaboration with the FSCs, a major one-day training for command leadership personnel throughout the region.

13-15 May. **Retrospective Research Project by Caliber Associates.** NPS personnel assisted Caliber in retrospective NPS records review on outcomes of cases.

18 May. **"Military Fatherhood Forum."** FAP personnel actively participated in months of planning which culminated in this major conference sponsored by the FSCs and civilian agencies, directed to strengthening the role of military fathers. Over 250 active duty members and military and civilian professionals attended it. Involved activities included FAP, FSC, local commands, the National and Virginia Fatherhood Initiatives, and a variety of military and civilian providers. The forum received local, state and national acclaim and has been a model of collaboration between civilian and military organizations to enhance education and service provision for military families.

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**JUNE**

01 June. **NPS and Navy Marine Corps Relief Society Begin Visiting Nurse Program.** Process begun between NPS and NMCRS Visiting Nurses to provide a continuum of care prenatally through delivery and early newborn period to all Navy and Marine Corps families that delivered at NAVMEDCEN Portsmouth. Involved screening of all prenatal patients, postnatal follow up phone call, and offer of Visiting Nurse Baby Basics home visit.

**SEPTEMBER**

1 September. **Regional FAP Training for Command Leadership Personnel.** Conducted, in collaboration with the FSCs, a major one day training for command leadership personnel throughout the region.

14-16 September. **Healthy Families Family Assessment Worker Training.** Four NPS staff completed training by official Healthy Families trainers in Hampton VA. All NPS staff are now trained and able to complete assessments on Navy families according to Healthy Families America standards and refer families to local Healthy Families programs for home visitation.

18 September, 14 December. **Pride In Parenting Program.** On 18 September, NPS personnel met with Pride In Parenting representatives to plan 1999 classes throughout South Hampton roads for military families free of charge. NPS assisted in identification of space for classes and eligible families. On 14 December, the first series of Pride In Parenting classes completed at Little Creek, FAP Office. Class was full and has been requested by parents to plan additional classes.

**OCTOBER**

6 October. **FAP Briefing for AIRLANT PCO/PXOs.** Conducted FAP briefings for AIRLANT PCO/PXOs.

**NOVEMBER**

30 November. **Interviews with Local Newspaper Reporters.** Participated in the first of two interview sessions with local reporters who were developing an in-depth article on domestic violence.

**DECEMBER**

03 December. **Development of FAP Desk Guide.** Participated in a working meeting with NAVPERSCOM sponsored contractors to assist in the development of a Navy FAP Desk Guide.